

# INSTITUTIONAL SOCIAL RESPONSIBILITY 2022-2023



ACTIVITY	YEAR	
HEALTH AND HYGIENE AWARENESS		
Blood Donation Camp		
World Polio Day( vaccination drive)		
World Mental Health Day( health talk sion opd, webinar)		
World Diabetes Day( skit/Role play)		
World AIDS Day( skit/red ribbon activity)		
World Leprosy Day( Role play)		
World Cancer Day( Skit/ Rally)		
World Tuberculosis Day		
Breast Feeding Week	0000 0000	
World No-Tobacco Day( pledge taking) Nasha Mukt	2022-2023	
Abhiyaan		
World Heart Day		
Dakshaben Pathak Memorial health camp		
School Health programme		
Health Camp		
Health related and Entertainment programme to Geriatrics		
Inmates		
Health related and Entertainment programme to orphanage		
home		
ENVIRONMENTAL ISSUES		
Beach Cleaning Drive( Reti Bander, Mahim Beach clean)		
World Nature Conservation Day		
Beach Cleaning Drive(Cleaning And Plantation Drive		
SOCIO ECONOMIC DEVELOPMENT		
World Nutrition Month ( food grains donation )		
	Blood Donation Camp World Polio Day( vaccination drive) World Mental Health Day( health talk sion opd , webinar) World Diabetes Day( skit/Role play) World AIDS Day( skit/red ribbon activity) World Leprosy Day( Role play) World Cancer Day( Skit/ Rally) World Tuberculosis Day Breast Feeding Week World No-Tobacco Day( pledge taking) Nasha Mukt Abhiyaan World Heart Day Dakshaben Pathak Memorial health camp School Health programme Health Camp Health related and Entertainment programme to Geriatrics Inmates Health related and Entertainment programme to orphanage home ENVIRONMENTAL ISSUES Beach Cleaning Drive( Reti Bander, Mahim Beach clean) World Nature Conservation Day Beach Cleaning Drive(Cleaning And Plantation Drive	



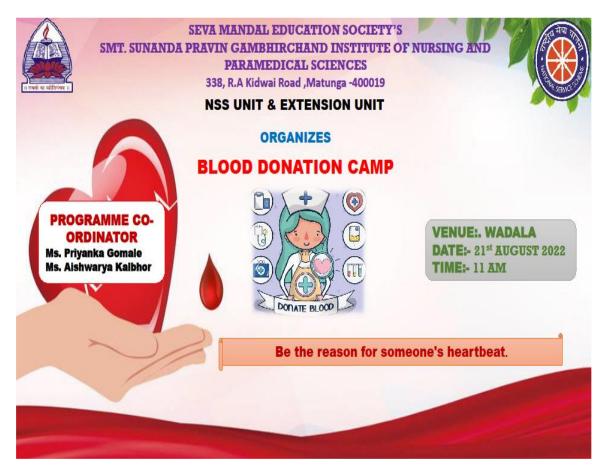
#### REPORT ON BLOOD DONATION CAMP

Date: 21st August 2022

Venue: Ram Nagar, Wadala

Participants: 5 B.Sc. Nursing & 2 Teachers

#### **FLYER OF THE PROGRAM**



The Extension unit and NSS unit of our college had organized "BLOOD DONATION CAMP" on 21<sup>st</sup> August 2022 at 11 am in Ram Nagar, Wadala. Total 5 BSc Nursing students along with 2 teachers had actively participated in the blood donation camp.



#### **GLIMPSES OF THE EVENTS**



**Students doing registration of the donors** 

Students checking vital signs of the donors







**Students collecting blood of donors** 



#### **Report on Pulse Polio Vaccination**

Date and Day: 19th June 2022, Sunday.

Venue: Matunga, Vangani & Wadala Health Post

Participants: 2<sup>nd</sup> Year ANM& B.Sc. Nursing

#### FLYER OF THE PROGRAM



SEVA MANDAL EDUCATION SOCIETY'S
SMT.SUNANDA PRAVIN GAMBHIRCHAND INSTITUTE OF NURSING
AND PARAMEDICAL SCIENCES
338, R.A KIDWAI ROAD, MATUNGA-4000019
NSS UNIT AND EXTENSION UNIT



#### **ORGANIZES**

POLIO VACCINATION DRIVE



VENUE: Matunga, Wadala & Vangani Public Heath Center. DATE:- 19<sup>th</sup> June 2022 TIME:- 9 am -2pm PROGRAMME CO-ORDINATORS:-Mrs. Rashmi Jadhav Ms. Swati Patil CLINICAL INSTRUCTOR SMES SSPG CON

Polio Eradication Strategy 2022–2026 Delivering on a promise



The college had received a requirement letter from Wadala, Matunga and Vangani health post stating the requirement of student nurses for conducting pulse polio vaccination drive. They were posted in health post center and were send home to home for delivering polio vaccines Total 62 students had participated in this drive and approximately remuneration 300 children were benefited from this drive.

Students were being provided with appreciation letter, and for that day.

#### **GLIMPSES OF THE DRIVE**





#### REPORT ON NATIONAL MENTAL HEALTH DAY 2022

Date: 13<sup>TH</sup> OCTOBER 2022

Venue: Visanji Ravaji Auditorium, Matunga-400019

Participants: 132 Students & 25 Teachers.

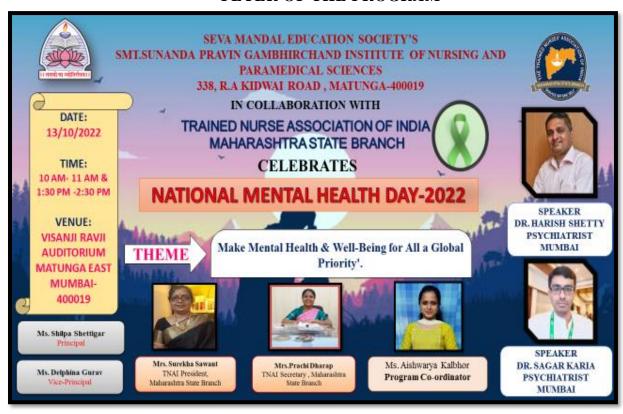
Theme: Make Mental Health & Well Being For All A Global Priority.

Aim: To Improve The Quality Of Mental Health Services Through Out The World.

#### **Objective:**

 To Raise Awareness Of Mental Health Issues Around The World And To Mobilized Efforts In Support Of Mental Health.

#### FLYER OF THE PROGRAM





#### **PROGRAM COPY**



SEVA MANDAL EDUCATION SOCIETY'S SMT.SUNANDA PRAVIN GAMBHIRCHAND INSTITUTE OF NURSING AND PARAMEDICAL SCIENCES 338, R.A KIDWAI ROAD, MATUNGA-400019

#### NATIONAL WORLD MENTAL HEALTH DAY 2022

#### PROGRAM COPY

TIME	EVENT	RESPONSIBLITY
10:00 AM	INTRODUCTION & WELCOME ADDRESS	MS, AISHWARYA KALBHOR
10:10 AM	INTRODUCTION OF SPEAKER & FELICITATION	MS.NESWARI FERNANDO
10:15 AM	SEMINAR ON MENTAL HEALTH & PREVENTION	DR. HARISH SHETTY
10:45 AM	DISCUSSION	5
11:00 AM	VOTE OF THANKS	MS. ABENA P.A.
1:30 PM	INTRODUCTION OF SPEAKER & FELICITATION	MS. AISHWARYA KALBHOR
1:35 PM	SEMINAR ON STRESS MANEGMENT	DR. SAGAR KARIA
2:20 PM	DISCUSSION	2
2:30 PM	VOTE OF THANKS	MS. ABENA P.A.



#### **REPORT**

Seva Mandal Education Society's Smt. Sunanda Pravin Gambhirchand College of Nursing orgnised a seminar on **National Mental Health Day-2022**. In collaboration with Trained Nurses Association of India Maharastra State Branch at Visanji Ravaji Auditorium, Matunga-19<sup>th</sup> on 13<sup>th</sup> october 2022.

**Dr. Harish Shetty, Psychiatrist, Mumbai** was invited as a guest speaker for the seminar. The program began at 10:00 am in the morning. Total 132 students from BMM college, LTMG School of Nursing, SMES, SSPG College of Nursing and 25 faculty member of SMES, SSPG College of Nursing attended the seminar. Welcome speech was given by Ms. Aishwarya Kalbhor & the guest was introduced by Mrs.Diana Fernandes. **Ms. Shilpa Shettigar-Principal SMES.SSPG College of Nursing,** felicitated the speaker.

Lecture on **Building Emotional Wealth & Emotional Equity** was effectively delivered by Dr. Harish Shetty. Sir explained about how to control our emotions, how to deal with stressful situation etc. Sir's session was very energetic & attentive. After discussion doubts were clarified.

Vote of thanks was proposed by Ms. Abena.PA. The program winded up at 11:30 am. Refreshment was provided to the guest speaker.

#### Glimpses of the Session

















#### WORLD DIABETES DAY 2022-2023 REPORT

THEME: ACCESS TO DIABETES EDUCATION.

**AIM:** The aim is provides an opportunity to raise awareness of diabetes as a global public health issue and what needs to be done, collectively and individually, for better prevention, diagnosis and management of the condition.

#### **OBJECTIVES:**

To create awareness about the importance of diabetes.

**Date-** 14/11/2022

Participants: Second Year Basic BSc. Nursing Students

Final Year Basic BSc. Nursing Students

ANM Second Year Students

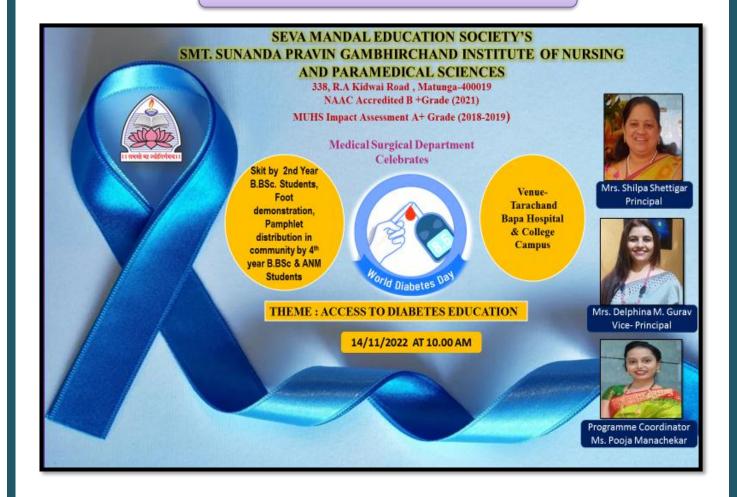
Guided by: Ms. Pooja Manachekar (Clinical Instructor)

#### **Description-**

On the day of 14/11/2022 celebrated 'WORLD DIABETES DAY'. On this day second year Basic B.Sc. Nursing student's present skit at Lions Tarachand Bapa Hospital and the college campus, whereas final year Basic BSc. Nursing students and ANM second year students provided foot care demonstration, pamphlet distribution and confirmatory glucose test in community to spread awareness about prevention and management of diabetes.



#### FLYER OF THE PROGRAM



SOME GLIMPSE OF SKIT PRESENTATION, FOOT CARE DEMONSTRATION, PAMPHLET DISTRIBUTION AND TEST



#### WORLD DIABETES DAY 2022-2023

















#### **Report on AIDS Day**

Date and Day: 1st December -10th December 2022

Venue: CST, Dadar, Bandra, Borivali, Andheri station

Participants: Final year BSc & S.Y ANM Nursing students

#### FLYER OF THE PROGRAM



The NSS Unit, Extension unit of our college on occasion of "World Aids Day", college has organized role play, awareness programmes and rapid HIV testing camps in collaboration with Mumbai Districts Aids Control Society from 1<sup>st</sup> December 2022 – 10<sup>th</sup> December 2022 from 2pm to 6pm by Final year Bsc & ANM Nursing students accompanied by 2 Clinical instructors.

World AIDS Day brings together people from around the world to raise awareness about HIV/AIDS and demonstrate international solidarity in the face of the pandemic.

The day is an opportunity for public and private partners to spread awareness about the status of the pandemic and encourage progress in HIV/AIDS prevention, treatment and care around the world. It has become one of the most widely recognized international health days and a key opportunity to raise awareness, commemorate those who have died, and celebrate victories such as increased access to treatment and prevention services.





#### GLIMPSES OF THE EVENT





#### Students creating awareness about AIDS in the community













#### Students doing registration, rapid testing of HIV at DADAR Station





Students doing registration, rapid testing of HIV at CST Station







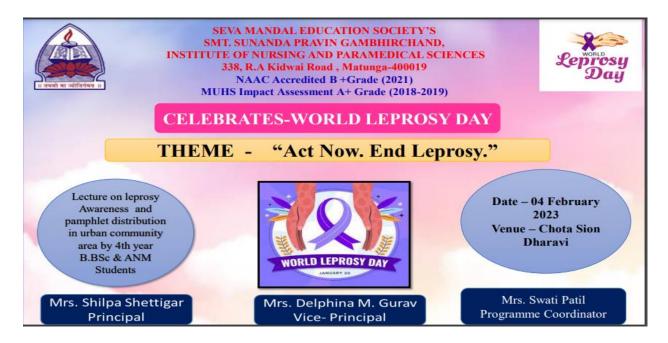
#### REPORT ON CELEBRATION OF WORLD LEPROSY DAY

**Date:** Leprosy awareness lecture on 31/1/2023 & Pamphlet distribution on 4<sup>th</sup> February 2023

**Venue: CHOTA SION, DHARAVI (UPH)** 

Participants: 35 Final Basic BSc students & 40 First ANM Students

#### **FLYER OF THE PROGRAM**



Seva Mandal Education Society's, Smt Sunanda Pravin Gambhirchand College of Nursing celebrated leprosy day celebration in occasion of world leprosy day under the theme "ACT NOW END LEPROSY" on 4<sup>th</sup> February 2023. Our ANM Nursing 40 students and B.Sc. Nursing 35 students and 1 teaching faculty had accompanied for the same. Pamphlet distribution in urban community Chota Sion Dharavi on 4/2/2023. Students has attend Leprosy awareness lecture on 31/1/2023.







### GLIMPSES OF THE PROGRAM PAMPHLET DISTRIBUTION







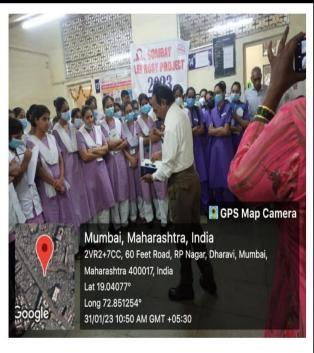






#### LEPROSY AWARENESS LECTURE













#### REPORT ON CELEBRATION OF WORLD CANCER DAY

Date: 4th FEBRUARY 2023

Venue: CHOTA SION, DHARAVI (UPH)

Participants: 35 Basic BSc students & 40 ANM Students

#### **FLYER OF THE PROGRAM**



Seva Mandal Education Society's, Smt Sunanda Pravin Gambhirchand college of Nursing celebrated cancer day celebration in occasion of world cancer day under the theme "CLOSE THE CARE GAP" on 4<sup>th</sup> February 2023. Our ANM Nursing 40 students and B.Sc. Nursing 35 students and 2 teaching faculty had accompanied for the same. Students has performed skit on breast self-examination and also performed awareness in breast cancer &oral cancer. Also distributed pamphlets in urban community area.







#### **GLIMPSES OF THE PROGRAM**











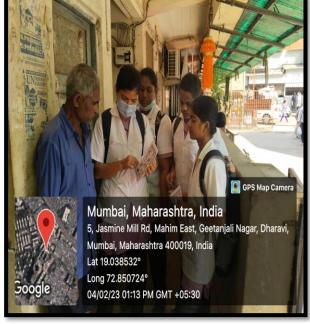


















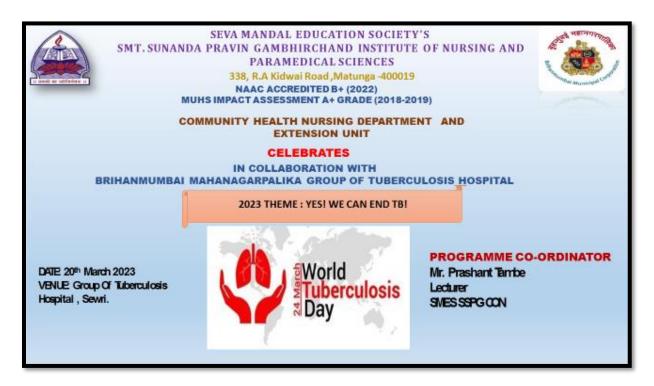
#### Report on World Tuberculosis Day

**Date and Day:** 20<sup>th</sup> March 2023, Wednesday.

Venue: Group of Tuberculosis Hospitals, Sewri

Participants: Final Year B.Sc. Nursing Students

#### FLYER OF THE PROGRAM



The Community Health Nursing, NSS and Extension Unit of our College has celebrated World Tuberculosis Day on 20<sup>th</sup> March 2023 in collaboration with Brihanmumbai Mahanagar Palika, Group of Tuberculosis, Sewri.

#### PROCEDINGS OF THE PROGRAM

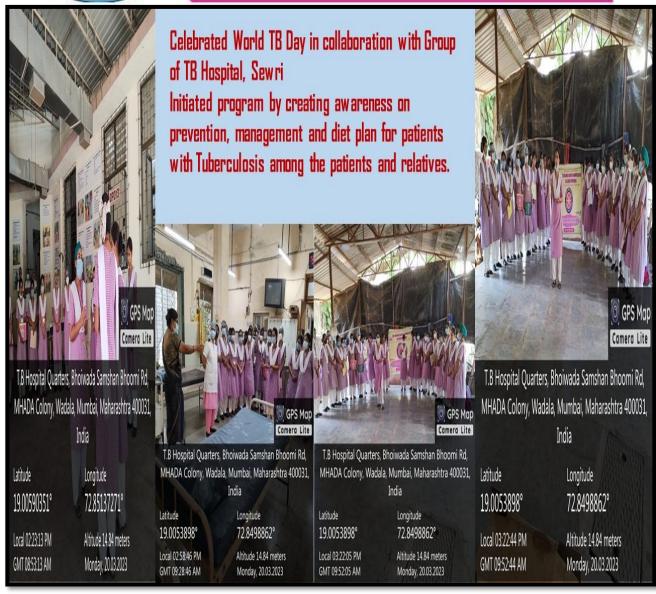
The program began at 1.30pm with the welcome of their Medical Superintendent, Medical Director, then our Final Year B.Sc Nursing Students started their Role Play where the enriched patients and their relatives about Tuberculosis, Sign & Symptoms, Drugs and its side effects, Hygiene and Dietary Management



Principal

Boxt. Sunanda Prayin Gambhirchand
College of Nursing
338, P. A. Kidwai Road.
Alatunga, Mumbai - 400 019.







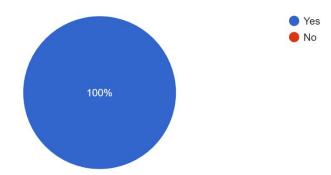




#### FEEDBACK OF THE EVENT

Received appreciation from their management. Our students were appreciated by their managerial body about their role play which was benefited to the community and also teachers received an appreciation for the same.

Did you like to have more activities like this? 35 responses









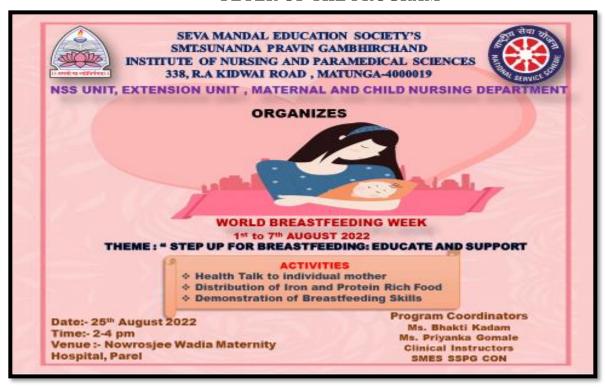
#### REPORT ON CELEBRATION OF BREAST FEEDING WEEK

Date: 25<sup>th</sup> August 2022

Venue: Nowrosjee Wadia Maternity Hospital,

**Participants:25 Students** 

#### FLYER OF THE PROGRAM



The NSS Unit, Extension unit of our college had organized breastfeeding week at Nowrosjee Wadia Hospital, Parel on 25<sup>th</sup> August 2022 from 2pm to 4pm onwards. Our ANM Nursing 10 students and B.Sc Nursing 15 students and 3 teaching faculty had accompanied for the same. Students have given one to one health talk for individual mothers regarding breastfeeding techniques, advantages of breastfeeding, diet to be taken during post-natal period. They also distributed chikki and banana to the post-natal mothers.





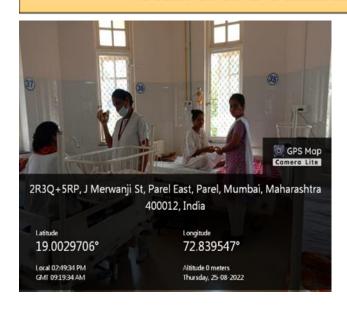


#### GLIMPSES OF THE PROGRAM





#### STUDENTS GIVING HEALTH TALK TO MOTHERS









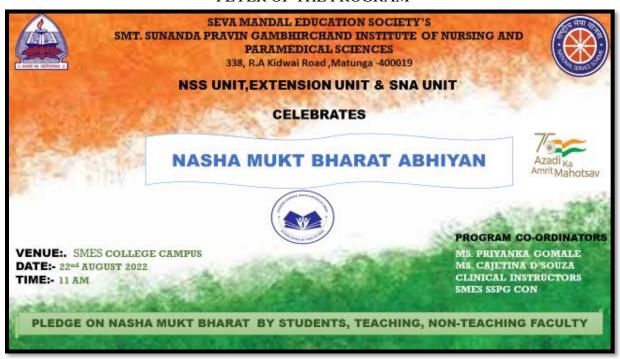


#### REPORT ON NASHA MUKT BHARAT ABHIYAN

Date: 22nd August 2022 Venue: S.M.E.S Campus

Participants: 20 Teachers & 55 students

#### FLYER OF THE PROGRAM



The extension Unit, NSS Unit and SNA Unit of our college had organized Nasha Mukt Bharat Abhiyan on behalf of 75th Amrit Mahotsav on 22nd August 2022 at 11am. The Minister for Social Justice & Empowerment Shri Thawaarchand Gehlot launched the website for the Nasha Mukt Bharat Abhiyan (NMBA) on the occasion of International Day Against Drug Abuse and Illicit Trafficking on 26 June 2021, which is observed worldwide to strengthen action and co-operation in achieving the goal of a sustainable world free of substance abuse. The entire world is facing the menace of drug addiction







which has a devastating impact on the addict, individual, family and a large section of society. We celebrated this by taking a pledge in our campus. All teaching, non-teaching faculty and students equally participated in this Abhiyan

#### GLIMPSES OF THE PROGRAM





Students taking the Nasha Mukt Bharat pledge









Participation of Teachers & Students in the Nasha Mukt Bharat pledge







#### WORLD HEART DAY 2022-2023

**THEME:** Use Heart for Every Heart.

**AIM:** To help people all over the world lead longer and better heart-healthy lives.

#### **OBJECTIVES:**

• To create awareness about the importance of healthy heart.

Date: 03<sup>RD</sup> OCTOBER 2022

Venue: GROUND FLOOR, S.R.MEHATA HOSPITAL. KING CIRCLE and SMES Campus.

Participants: 39 SECOND YEAR BASIC B.SC STUDENTS & 3 TEACHERS

#### FLYER OF THE PROGRAM











On the day of 03/10/2022 celebrated 'WORLD HEART DAY'. On this day students keep collage making and poster making competition, educational session, exhibition and games on awareness, Diet, Prevention and Management of Cardiovascular to spread awareness about prevention and management of heart disease

#### **SOME GLIMPSE**























#### Report of Dakshaben Pathak Memorial Health Camp

**Date:** 06/09/2022 and 13/09/2022

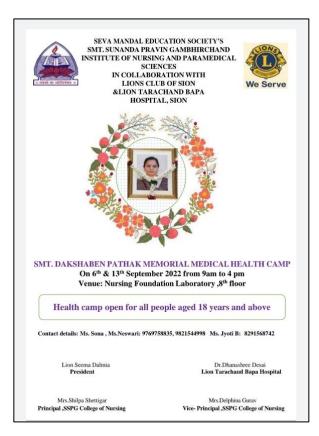
Time: 8am to 4pm

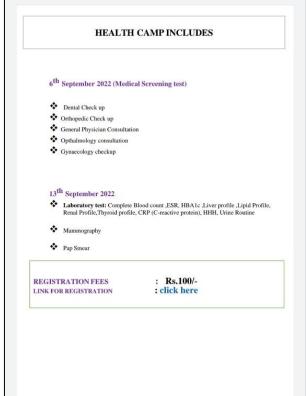
Venue: Seva Mandal Education Society's Smt. Sunanda Pravin Gambhirchand

College of Nursing. Nursing Foundation Lab (8th floor)

A two days medical camp was organised on 6<sup>th</sup> and 13<sup>th</sup> September 2022, in collaboration with Lions Club of Sion, Lions Tarachand Bapa Hospital and Global Gene Corp.

#### **MEDICAL CAMP FLYER**











#### PROCEEDINGS OF THE PROGRAMME

The Camp began at 9am with welcome address given by Mrs. Diana Fernandes (Associate Professor, SMES SSPGCON). The Dakshaben Pathak Memorial health camp was inaugurated by the Management members of Seva Mandal Education Society, Executive members of Lions Club, Principal, and Vice Principal from all colleges of Seva Mandal Education Society.

#### WELCOME ADDRESS



Ms. Diana Fernandes (Associate Professor, SMES SSPGCON welcomed all the guests for the inaugural function of Dakshaben

#### INAUGURATION OF THE MEDICAL CAMP AND LAMP LIGHTING





Principal
Sunt. Sunanda Pravin Gambhirchand
College of Nursing
38, P. A. Kidwal Road.
Matunga, Mumbai - 400 019.













# The camp continued for 2 days GLIMPSES OF CAMP DAY - 1

Day 1: Medical camp included regular consultation and screening There were total 6 counters in the camp namely;

- Registration,
- dental check-up,
- medical physician consultation,
- orthopaedic consultation,
- ECG testing,

Gynaecologic examination

### REGISTRATION











### MEDICAL PHYSICIAN CONSULTATION

#### **ECG MONITORING**



#### **DENTAL CONSULTATION**











### **OPTHALMIC CONSULTATION**

### ORTHOPAEDIC CONSULTATION



#### GLIMPSES OF THE CAMP DAY -2

Day 2: Medical Camp included Laboratory testing

The following laboratory tests were done (Laboratory tests sponsored by Global Gene Corp.)

Package Details	Test Details		
Complete Blood Count with ESR	Complete Blood Count (CBC)		
	ESR		
GLYCOSYLATED HEMOGLOBIN ( HbA1c)	) GLYCOSYLATED HEMOGLOBIN ( HbA1c)		
Liver Profile	TOTAL BILIRUBIN		
	BILIRUBIN (Direct)		
	BILIRUBIN (Indirect)		
	ASPARTATE AMINOTRANSFERASE (AST/SGOT		
	ALANINE TRANSAMINASE (ALT/SGPT)		
	ALBUMIN		
	GLOBULIN		
	A/G RATIO		
	TOTAL PROTEIN		
	ALKALINE PHOSPHATASE		
Lipid Profile	Total Cholesterol		
	HDL		
	LDL		
	VLDL		
	Triglycerides		
	Total Cholesterol / HDL Ratio		
	LDL: HDL Ratio		
Renal Profile	BLOOD UREA NITROGEN		
	CREATININE		
	URIC ACID		
	CALCIUM		
	PHOSPHORUS		
ELECTROLYTES	Sodium (Na+)		
	Potassium ( K+)		
2	Chloride (Cl-)		
Thyroid Profile	TSH		
,	T3		
-	T4		
URINALYSIS	Urine Routine & Microscopy test		
C-reactive protein test (CRP)	Quantitative		
Greature protein test (CRF)	Quantitative		
Total number of test	33		
TOTAL HUMBER OF LEST	33		







There were in total 50 registrations. The camp came to an end with holistic co-ordination of the team members. It was well appreciated by all the Members of Management. Ms. Diana Fernandes (Associate professor) thanked the management members and executive members of Lions Club and Global Gene Corp. members for their support for the successful organization of the health camp. The efforts of the Doctors, nursing staff, technicians nursing students and faculty towards the conduct of the camp was highly appreciated. The reports of the blood test was handed over to the beneficiaries within a week.

#### ANALYSIS OF LABORATORY REPORTS

Analysis of blood reports from 40 candidates for Haemoglobin, Glycosylated Hb, ESR, C-reactive protein and lipid profile

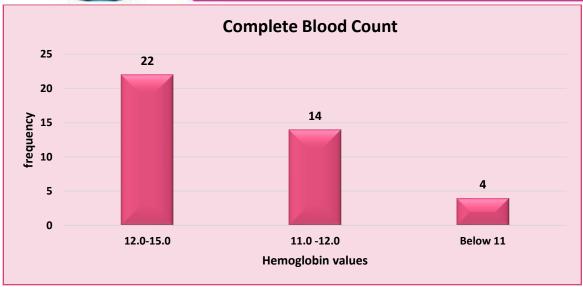
#### > Complete blood count

Hemoglobin Values (g/dl)	n=40
12.0-15.0	22
11.0 -12.0	14
Below 11	4



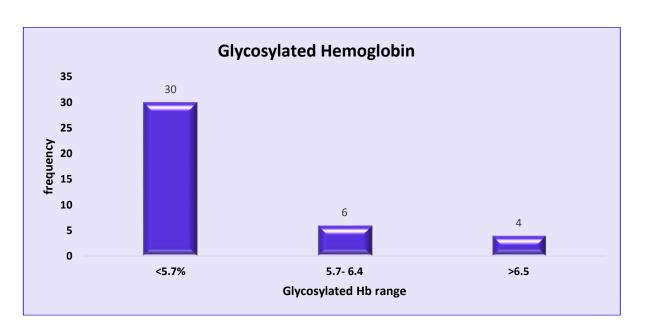






#### Glycosylated Hemoglobin

Glycosylated Hemoglobin (%)		
<5.7%		
5.7- 6.4		
>6.5		



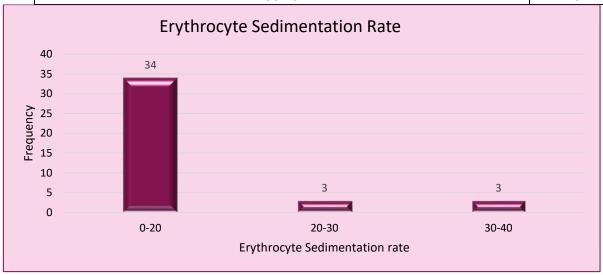






### > Erythrocyte Sedimentation Rate

Erythrocyte Sedimentation Rate (mm/hr)	n=40
0-20	34
20-30	3
30-40	3



#### **C-REACTIVE PROTEIN**

C-REACTIVE PROTEIN(mg/dl)	
<5.0	32
>5.0mg/dl	8

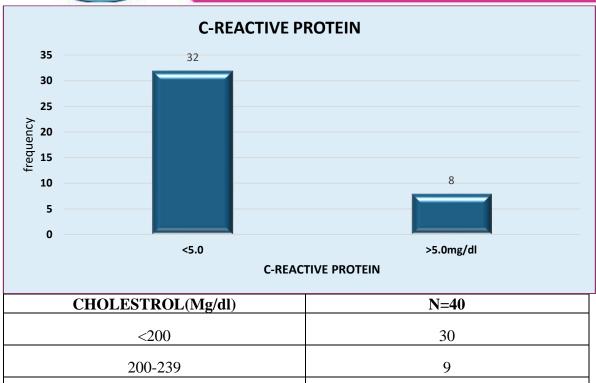






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# SEVA MANDAL EDUCATION SOCIETY'S SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING





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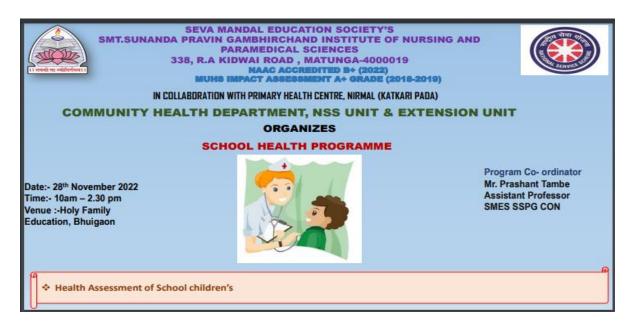
#### **Report on School Health Program**

Date and Day: 28th November 2022

**Venue:** Holy Family School, Bhuigaon

Participants: Final Year B.Sc. Nursing Students

#### FLYER OF THE PROGRAM



The Community Health Nursing, NSS and Extension Unit of our College had organized Health Camp in collaboration with Holy Family School, Bhuigaon.

The school health programme was conducted at Holy Family Semi English Medium School, Bhuigaon, where students had conducted school health check up camp, sports activities, health talk and presented skit on personal hygiene & health talk on menstrual hygiene.

Total 200 students were assessed by our students. Students were divided into various groups for smooth conduction of the programme. The students were given gifts for sports activity and also snacks was provided to the students.







#### GLIMPSES OF THE EVENT













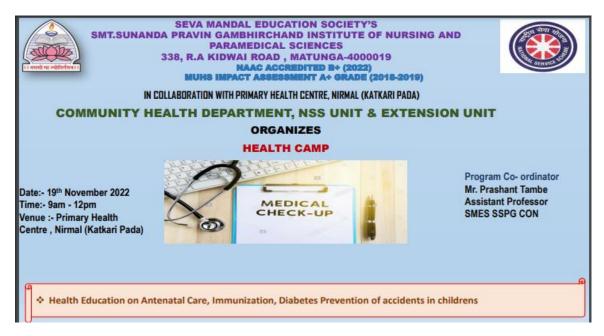
#### **Report on Health Camp**

Date and Day: 19th November 2022

Venue: Primary Health Centre, Nirmal (Katkari Pada)

Participants: Final Year B.Sc. Nursing Students

#### FLYER OF THE PROGRAM



The Community Health Nursing, NSS and Extension Unit of our College had organized Health Camp in collaboration with Primary health centre, Nirmal (Katkari Pada) on 19<sup>th</sup> November 2022 from 9 am to 12 pm.

The students of Final year B. Bsc Nursing conducted health assessment were they provided health education on Antenatal Care, Immunization, Diabetes Mellitus, Prevention measures taken during ANC, Prevention of home accidents in children's and geriatric Care etc.





The students had also conducted health assessments of all community members residing in Katkaripada area. Whatever knowledge they have provided was very fruitful for them. They assured they will use this knowledge in their daily practice/routine.

#### **GLIMPSES OF THE EVENT:**













# **REPORT ON ORPHANAGE -**HEALTH RELATED AND ENTERTAINMENT PROGRAM

**Date and Day:** 15.05.2023

**Venue:** 1<sup>ST</sup> Floor, Manay Seva Sangh, Matunga-19

Beneficiaries: 42 Orphanage children.

Participants:12 students of 2<sup>nd</sup> year ANM Nursing

#### **FLYER OF THE PROGRAM**



The Seva Mandal Education Society's Smt.Sunanda Pravin Gambhirchand College of Nursing organised a health related and entertainment programmes to Orphanage children at 1st Floor, Manay Seva Sangh, Matunga, on 15.05.2023 from 10am to 12pm.

#### PROCEEDINGS OF THE PROGRAM

The programme began at 10.00 am on 15.04.2023 at Manav Seva Sangh, 1st Floor, Matunga by 2<sup>nd</sup> year Nursing Students with the guidance of Ms. Neswari Fernando-







Lecturer. There were 42 children age between 11-14 years who actively participated.



#### INTRODUCTION

Introduction about the organizers and about the details of programmes, health checkups were explained by Ms. Neswari Fernando-Lecturer. SMES SSPG College of Nursing.

#### **HEALTH CHECK-UP:**

Health related activities includes obtaining their identification data, past medical and surgical history, present complaints if any, checking their anthropometric measurements, Head to toe examination and vital parameters had been carried out.

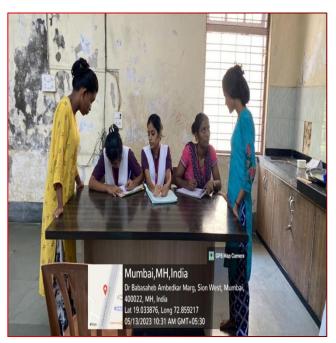












**ENTERTAINMENT ACTIVITIES:** 

**Memory games**7 items for a minute were showed and the children were encouraged to recollect and convey the 7items after 10 mts. Another game was passing the Parcel. Children were very energetic, participated interestingly and enjoyed well. Most of them actively sang the song.



Principal

Sunanda Pravin Gambhirchand
College of Nursing
338, R. A. Kidwai Road,
Mutunga, Mumbai - 400 019.



Dance: there was a dance performed by our students.





### **VOTE OF THANKS**

Vote of thanks was proposed by Ms.Harsha. Second year student of SMES SSPG CON. She thanked all the management members for giving us opportunity to conduct the program, Ms.Jeyashree, Ms.Bhavana for their help and all the children for their active

participation. Distributed biscuits to all at the end.







# **REPORT ON OLD AGE HOME-**

### HEALTH RELATED AND ENTERTAINMENT PROGRAM

**Date and Day**: 13.04.2023

Venue: 6th Floor, Manay Seva Sangh, Matunga-19

Beneficiaries: 30 geriatric inmates.

# **FLYER OF THE PROGRAM**









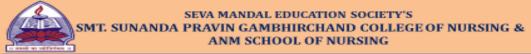
The Seva Mandal Education Society's Smt.Sunanda Pravin Gambhirchand College of Nursing organised a health related and entertainment programmes to Geriatric Inmates at 6<sup>th</sup> Floor, Manay Seva Sangh,, Matunga, on 13.04.2023 from 10am to 12pm.

**PROGRAM COPY** 









#### PROGRAM COPY

Time	Event	Responsibility
10.00 am	Introduction	Ms.Neswari Fernando
10.05am – 11.00 am	Health Checkup	3 <sup>rd</sup> year B.B.Sc Students
11.05am - 12.00 N	Entertainment Programme	3rd year B.B.Sc Students
12.05 Pm	Vote of thanks	Ms.Trisha Sitap



# PROCEEDINGS OF THE PROGRAM

The programme began at 10.00 am on 13.04.2023 at Manav Seva Sangh, 6<sup>th</sup> Floor, Matunga by 3<sup>rd</sup> year basic B.Sc. Nursing Students with the guidance of Ms. Neswari Fernando- Lecturer. There were 30 Geriatric Inmates who actively participated.









#### INTRODUCTION

Introduction about the organizers and about the details of programmes were explained by Ms. Neswari Fernando- Lecturer SMES SSPG College of Nursing.

### **HEALTH CHECK-UP:**

Health related activities includes obtaining their identification data, past medical and surgical history, present complaints if any, checking their body weight and vital

parameters had been carried out.







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### **ENTERTAINMENT ACTIVITIES:**

# Memory game-

7 items for a minute were showed and the inmates were encouraged to recollect and convey the 7items after 10 mts. Another game was passing the Parcel. All the Geriatric inmates participated interestingly and enjoyed well. Most of them actively sang the song, cracked Jokes. Dance: there was a dance performed by our students.





















#### **BEACH CLEANLINESS DRIVE**

**Date:** 19/09/2022

**Venue:** Mahim Beach

Participants: 40 First yea B.Sc. students

AIM: To establish a continuous and progressive series of actions to improve the

environmental quality of beaches.

#### **OBJECTIVES:**

1. To promote hygiene and cleanliness of beaches

2. To improve the coastal and ocean ecosystem by ensuring that none of the trash kills

marine life or is toxic enough to disrupt the aquatic life cycle.

#### **DESCRIPTION:**

Beach clean-up drive was organised in collaboration with United Way on 19/09/2022 under Clean Shores Mumbai project. All the students of First year ANM along with faculty Mrs. Rashmi Jadhav actively participated in the drive. They were provided with safety materials like aprons, mask and gloves and thus picked up plastic articles, bags and non-biodegradable stuffs which were accumulated on the shores. These wastes were collected in dustbin, segregated and sent to BMC department. The event ended with vote of thanks by our students and photo session.

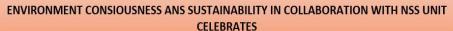






### **FLYER**

Seva Mandal Education Society's, Institute <u>Of Nursing</u> . Sunanda Prayin Gambhirchand Gollege <u>Of</u> Nursing, <u>Matunga</u>.









**ACTIVITY: Beach Cleaning Drive** 

**PARTICIPANTS:1ST Year ANM Students** 

DATE: 17/09/22

VENUE: Reti Bundar Beach, Mahim.

MRS.DELPHINA GURAV VICE PRINCIPAL





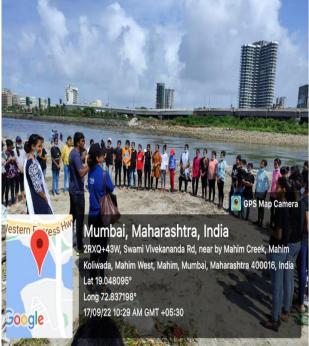


#### GLIMPSES OF BEACH CLEANING DRIVE















# Report on seed bombing and paper bag making activity

#### AIM:

**SEED BOMBING -** To\_promoting vegetation on land by throwing seed balls onto barren tracts of land.

PAPER BAG MAKING- To indulge students in the habit of recycling by teaching them how to make paper bags and making them aware about the threat of plastic bags to the environment.

#### **OBJECTIVE:**

Seed bombing-

- To restore plant population,
- To increase the green cover on empty patches,
- To nourish and feed the soil.

#### PAPER BAG MAKING-

-To reuse, recycle and biodegrade

**VENUE:** Seva Mandal Education Society's Smt Sunanda Pravin Gambhirchand College of Nursing, Matunga

**DATE: 03/08/2022** 

**PARTICIPANTS:** B.B. Sc Nursing students first year -5,

second year -10,

first year ANM-5

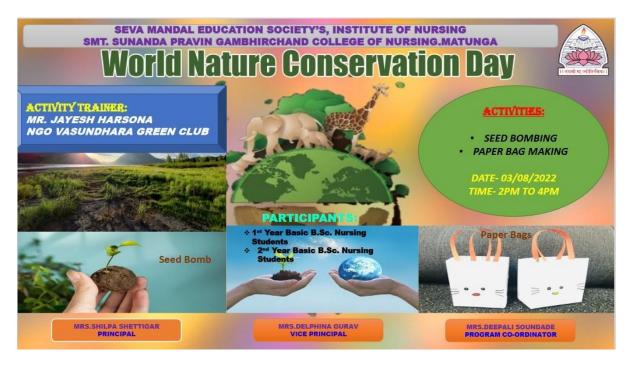
**TOTAL** - 25







#### FLYER -



**Seva Mandal Education Society's Smt Sunanda Pravin Gambhirchand College of Nursing's** has organized Report on seed bombing and paper bag making activity on 03/08/2022 at 2pm to 4 pm. **Mr. Jayesh Harsona** was the activity trainer. He has started session by introducing himself after that he has taken lecture on importance of environment sustenance, seed bombing and paper bag making. After the lecture he has trained the students how to do paper bag making and seed bomb respectively. All students have actively participated in the activity. Instructions have given to the students that seed ball to be thrown after two days .it should be thrown at the open place where mud is good for tree plantation.

Activity is ended with the vote of thanks by the clinical instructor Mrs. Deepali Soundade.



#### **PHOTOGRAPHY**













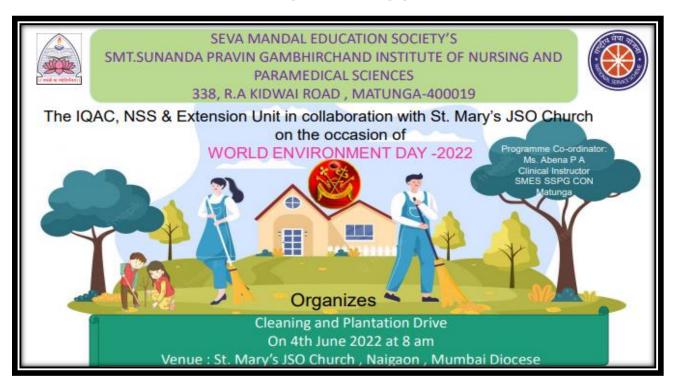
# **Cleaning Drive**

**Date and Day:** 4th June 2022, Saturday.

Venue: St. Mary's JSO Church Premises

**Participants:** First Year B.Sc. Nursing Students

#### FLYER OF THE PROGRAM



The IQAC, NSS and Extension Unit of our College has celebrated World Environment Day- 2022 on 4<sup>th</sup> June 2022 in collaboration with St. Mary's JSO Church, Naigaon.

#### PROCEEDINGS OF THE PROGRAM

The program began at 8 am by dividing the students into 5 different groups to clean each sides of the premises. They collected paper waste, plastic wastes, and







wastes from coconut trees. They arranged the coconut covers around the coconut trees. Collected all wastes and broom the premises. Snacks were provided from the church.

#### GLIMPSES OF CLEANLINESS DRIVE























### RECEIVING APPRECIATION

College and students were appreciated by the managerial body of the St. Mary's JSO Church Naigaon by providing certificates to college and students.









# **Report on World Environment Day-2022**

### **Plantation Drive**

Date and Day: 4<sup>th</sup> June 2022, Saturday.

Venue: St. Mary's JSO Church Premises

Participants: First Year B.Sc. Nursing Students

#### **FLYER OF THE PROGRAM**









The IQAC, NSS and Extension Unit of our College has celebrated World Environment Day- 2022 on 4<sup>th</sup> June 2022 in collaboration with St. Mary's JSO Church, Naigaon.

### PROCEEDINGS OF THE PROGRAM

The program began at 8 am by dividing the students into 5 different groups to do planting saplings over the sides of the premises. They planted herbs, flowers, bushes etc. Snacks were provided from the church.

#### GLIMPSES OF CLEANING DRIVE















#### **RECEIVING APPRECIATION**

College and students were appreciated by the managerial body of the St. Mary's JSO Church Naigaon by providing certificates to college and students.









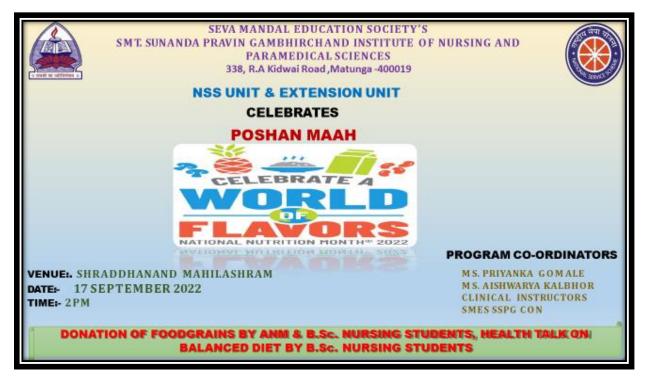
#### REPORT ON POSHAN MAAH

Date: 17<sup>TH</sup> SEPTEMBER 2022

Venue: SHRADDHANAND MAHILASHRAM, MATUNGA

Participants: 39 FIRST YEAR BASIC B.SC STUDENTS & 2 TEACHERS

#### **FLYER OF THE PROGRAM**



The Extension unit and NSS unit of our college had organized "POSHAN MAAH" on behalf of National Nutrition Week on 17<sup>th</sup> September 2022 at 2:00 pm. We donated Pulses, Grains and other nutritional Grocery items, with the money collected by our students to Shraddhanand Mahilashram, Matunga. Along with donation our 1<sup>st</sup> year Basic B.Sc. students given health talk on Balance diet and importance of nutrition in human body. The group understood and acknowledged the same. The group and



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present faculty members were so happy after receiving the donation.

TOTAL AMOUNT COLLECTED	DONATION ITEM	BENEFICIARIES
Rs.5140/-	Rice, Wheat, Pulses,	100-150
	Soyabean, Jiggery etc.	

### **SOME GLIMPSES**





**Students Giving health talk** 









**Donation given by students in form of foodgrains** 



